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|  | | | День | | | | Месяц | | | | Год | |
| Дата тестирования | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | |
| Дата рождения | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | |
| Текущий возраст | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | | | | \_\_\_\_\_\_ | |
|  | | |  | | | |  | | | |  | |
| Ведущая рука (письмо) | | | | | | Правая | | | | Левая | |
| Ведущая ступня/нога | | | | | | Правая | | | | Левая | |
|  | | | | | |  | | | |  | |
| Пол |  | жен | |  | муж | | |  | комбинир. | | |

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**Скрининговая оценка двигательного статуса.**

ФИО пациента\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ФИО специалиста \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Диагноз\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| Общий балл | Стандартный балл  **(B.8-B.13)** | Разброс Интервал  **(C.3, C.4)** | Перц. %  **(B.8-B.13)** | Категория  **(С.13)** |
| Отжим:  - от пола  - с колен |  | \_\_\_\_\_\_\_\_ | +- \_\_\_\_\_ \_\_\_\_\_-\_\_\_\_\_ | \_\_\_\_\_\_ | \_\_\_\_\_\_\_\_ |

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| **1. Точность мелкой моторики** | | | | | | | | | | | | **Баллы** | | | | | | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| **3** | | | | | Рисование линий  через пути – Изогнутые **(ошибки)** | | | | | | |  | | | | | | | | | | | | | очки | | | | | | | | ≥21 | | | | | | | | | 15-20 | | | | | | | | 10-14 | | | | | | | | 6-9 | | | | | | 4-5 | | | | | | | | 2-3 | | | | | 1 | | | | | | | | | | 0 | |  |
| **балл** | | | | | | | | **0** | | | | | | | | | **1** | | | | | | | | **2** | | | | | | | | **3** | | | | | | **4** | | | | | | | | **5** | | | | | **6** | | | | | | | | | | **7** | |
| **6** | | | | | Сгибание бумаги **(очки)** | | | | | | |  | | | | | | | | | | | | | очки | | | | | | | | 0 | | | | | | | | | 1-2 | | | | | | | | 3-4 | | | | | | | | 5-6 | | | | | | 7-8 | | | | | | | | 9-10 | | | | | 11 | | | | | | | | | | 12 | |  |
| **балл** | | | | | | | | **0** | | | | | | | | | **1** | | | | | | | | **2** | | | | | | | | **3** | | | | | | **4** | | | | | | | | **5** | | | | | **6** | | | | | | | | | | **7** | |
| **2. Интеграция мелкой моторики**  Для всех проб:  Если «Форма» - 0,  то итоговый балл – 0. | | | | | | | **Форма** | | | | | | | | | | | | | **Разрыв** | | | | | | | | | | | | | | | | **Грани** | | | | | | | | | | | | | | | | | | | | | **Ориентация** | | | | | | | | | | | | | | | | | | **Размер** | | | | | | | | | | | | | | **Итог** |
| **2** | | | Рисование квадрата  по образцу | | | | **0 1** | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | |  |
| **7** | | | Рисование  звезды  по образцу | | | | **0 1** | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | | | | | | **0 1** | | | | | | | | | | | | | |  |
| **3. Ловкость рук** | | | | | | | | | | **Баллы** | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| **2** | Перекладывание монет. **(15сек.)** | | | | | | | | | ① | | | | ② | | | очки | | | | | | | 0  -  2 | | | | | | 3  -  4 | | | | 5  -  6 | | | | | | | 7  -  8 | | | | | | 9  -  10 | | | | | | | 11  -  12 | | | | | | | | | 13  -  14 | | | | | | 15  -  16 | | | | | | | | | | 17  -  18 | | | | | | | | 19  -  20 | |  |
|  | | | |  | | | **балл** | | | | | | | **0** | | | | | | **1** | | | | **2** | | | | | | | **3** | | | | | | **4** | | | | | | | **5** | | | | | | | | | **6** | | | | | | **7** | | | | | | | | | | **8** | | | | | | | | **9** | |
| **4. Билатеральные навыки** | | | | | | | | | **Баллы** | | | | | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| ① | | | | | | ② | | | | | |
| **3** | Прыжки с махами  (односторонними) | | | | | | | |  | | | | | |  | | | | | | очки | | | | | | | | | | | | | | | | | | | 0 | | | | | | | | | | | | | 1 | | | | | | | | | | | | 2-4 | | | | | | | | | | | | | | | 5 | | | | | | | | |  |
| **балл** | | | | | | | | | | | | | | | | | | | **0** | | | | | | | | | | | | | **1** | | | | | | | | | | | | **2** | | | | | | | | | | | | | | | 3 | | | | | | | | |
| **6** | Синхронно пальцы/нога разные | | | | | | | |  | | | | | |  | | | | | | очки | | | | | | | | | | | | | | | | | | | 0 | | | | | | | | | | | 1 | | | | | | | | | | 2-4 | | | | | | | | | | | | 5-9 | | | | | | | | | | | 10 | | | | |  |
| **балл** | | | | | | | | | | | | | | | | | | | **0** | | | | | | | | | | | **1** | | | | | | | | | | **2** | | | | | | | | | | | | **3** | | | | | | | | | | | 4 | | | | |
| **5. Баланс** | | | | | | | | | **Баллы** | | | | | | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| ① | | | | | | | ② | | | | | |
| **2** | Ходьба по прямой линии. **(шаги)** | | | | | | | |  | | | | | | |  | | | | | | очки | | | | | | | | | | 0 | | | | | | | | | | | | | | 1-2 | | | | | | | | | | | | | 3-4 | | | | | | | | 5 | | | | | | | | | | | | | | 6 | | | | | | | |  |
| **балл** | | | | | | | | | | **0** | | | | | | | | | | | | | | **1** | | | | | | | | | | | | | **2** | | | | | | | | **3** | | | | | | | | | | | | | | **4** | | | | | | | |
| **7** | Равновесие стоя на одной ноге (балансир) - глаза открыты. **(10сек.)** | | | | | | | |  | | | | | | |  | | | | | | очки | | | | | | | | | | 0.0 - 0.9 | | | | | | | | | | | | | | 1.0 - 2.9 | | | | | | | | | | | | | 3.0 - 5.9 | | | | | | | | 6.0 - 9.9 | | | | | | | | | | | | | | 10 | | | | | | | |  |
| **балл** | | | | | | | | | | **0** | | | | | | | | | | | | | | **1** | | | | | | | | | | | | | **2** | | | | | | | | **3** | | | | | | | | | | | | | | **4** | | | | | | | |
| **6. Скорость бега и проворство** | | | | | | | | | **Баллы** | | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| ① | | | | ② | | | | |
| **3** | Прыжки на месте на  одной ноге **(15сек.)** | | | | | | | |  | | | |  | | | | | очки | | | | | | | | 0 | | | | | 1  -  2 | | | | | | | 3  -  5 | | | | | | 6  -  9 | | | | | 10-14 | | | | | | | 15  -  19 | | | | | | | 20-24 | | | 25-29 | | | | | | | | 30-39 | | | | 40-49 | | | | | | | | ≥50 | | |  |
| **балл** | | | | | | | | **0** | | | | | **1** | | | | | | | **2** | | | | | | **3** | | | | | **4** | | | | | | | **5** | | | | | | | **6** | | | **7** | | | | | | | | **8** | | | | **9** | | | | | | | | **10** | | |
| **7. Координация верхних конечностей** | | | | | | | **Балл** | | | | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| ① | | | | ② | | | | | | |
| **1** | | Ловля мяча  двумя руками (от пола) | | | | | |  | | |  | | | | | | | | очки | | | | | | | | 0 | | | | | | | | | | | | 1 | | | | | | | | | 2 | | | | | | | | | | | | 3 | | | | | | | | | | | 4 | | | | | | | | | | | | 5 | | | | | |  |
| **балл** | | | | | | | | **0** | | | | | | | | | | | | **1** | | | | | | | | | **2** | | | | | | | | | | | | **3** | | | | | | | | | | | **4** | | | | | | | | | | | | **5** | | | | | |
| **6** | | Отбивание мяча  двумя руками по очереди (от пола) | | | | | |  | | |  | | | | | | | | очки | | | | | | | | | 0 | | | | | | | 1 | | | | | | | | | | 2 | | | | | | | 3 | | | | | | | | 4-5 | | | | | | | | 6-7 | | | | | | | | 8-9 | | | | | | | | | 10 | | | |  |
| **балл** | | | | | | | | | **0** | | | | | | | **1** | | | | | | | | | | **2** | | | | | | | **3** | | | | | | | | **4** | | | | | | | | **5** | | | | | | | | **6** | | | | | | | | | **7** | | | |
| **8. Сила** | | | | | | **Балл** | | | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **Итог** |
| 2a | | | | Отжим  (с колен)  **(30сек.)** | |  | | | | | очки | | | | | | | | 0 | | | | 1  -  2 | | | | | | 3  -  5 | | | | | | | | 6  -  10 | | | | | | 11  -  15 | | | | | | | | | | | | 16  -  20 | | | | | | | 21  -  25 | | | | | | | | 26  -  30 | | | | | | | | | | | | 31  -  35 | | | | | | ≥36 |  |
| 2б | | | | Отжим  (от пола)  **(30сек.)** | |  | | | | | **балл** | | | | | | | | **0** | | | | **1** | | | | | | **2** | | | | | | | | **3** | | | | | | **4** | | | | | | | | | | | | **5** | | | | | | | **6** | | | | | | | | **7** | | | | | | | | | | | | **8** | | | | | | **9** |  |
| 3 | | | | Пресс  **(30сек.)** | |  | | | | | очки | | | | | | | | 0 | | | | 1-2 | | | | | | 3  -  5 | | | | | | | | 6  -  10 | | | | | | 11  -  15 | | | | | | | | | | | | 16  -  20 | | | | | | | 21  -  25 | | | | | | | | 26  -  30 | | | | | | | | | | | | 3  -  35 | | | | | | ≥36 |  |
| **балл** | | | | | | | | **0** | | | | **1** | | | | | | **2** | | | | | | | | **3** | | | | | | **4** | | | | | | | | | | | | **5** | | | | | | | **6** | | | | | | | | **7** | | | | | | | | | | | | **8** | | | | | | **9** |
| Максимальный балл: 88 Итоговый балл: \_\_\_\_\_\_\_ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |